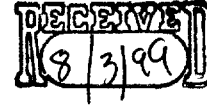




July 22, 1999 5 8 2 6 '99 AUG 13 9 2 00

Linda S. Kahl, Ph.D.  
Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 "C" St. S.W. (HFS-450)  
Washington, D.C. 20204



Dear Dr. Kahl:

Nature's Way Products, Inc. wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Organic Valerian. The dietary ingredient that is the subject of the statement is Valerian. The statement reads as follows:

"Valerian root (*Valeriana officinalis*) has a relaxing effect on the nervous system, promotes relaxation in persons leading a hectic lifestyle, and helps support restful sleep."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURE'S WAY PRODUCTS, INC.

Gordon M. Walker  
Legal Counsel

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